



# PRESTON HIGH SCHOOL

2023  
NOVEMBER  
LUNCH MENU

## BREAKFAST



Breakfast Sandwiches, Bagels, Rolls,  
Croissants, Fruit, Yogurt, French Toast,  
Breakfast Platters, Cereal, Muffins,  
Donuts & Daily Specials



## LUNCH

Pizza, Salad & Sandwich Bar,  
Chicken Tenders, Fries, Mozzarella Sticks,  
Hamburgers, Cheeseburgers,  
Bacon Cheeseburgers, Chicken Sandwich,  
Jamaican Beef Patties, Chicken Cutlet,  
Grilled Chicken, Vegetables, Cookies,  
Brownies, Fruit, Yogurt Parfaits, Snacks,  
Ice Cream - Assorted Wraps, Sandwiches,  
Salads & Daily Specials!



**\*\*We Accept All Debit/Credit  
Cards, Apple Pay, My  
SchoolAccount.Com  
(ID Card) and Cash\*\***

**If Your Child Has a Food  
Allergy or You Have Feedback  
Please Contact  
preston@lessings.com**



		WEDNESDAY, NOVEMBER 1	THURSDAY, NOVEMBER 2	FRIDAY, NOVEMBER 3
		<u>Cuban Sandwich</u> w/ French Fries <u>Penne alla Vodka</u> w/ Garlic Bread	<u>Chicken Cutlet</u> w/ Mashed Potatoes & Corn <u>Baked Ziti</u> w/ Garlic Bread	<u>Sesame Chicken</u> w/ White Rice & Spring Roll <u>Fusilli Pasta in Cream Sauce</u> w/ Garlic Bread
MONDAY, NOVEMBER 6	TUESDAY, NOVEMBER 7	WEDNESDAY, NOVEMBER 8	THURSDAY, NOVEMBER 9	FRIDAY, NOVEMBER 10
<u>Assorted Boneless Wings</u> w/ French Fries <u>Penne Alfredo</u> w/ Garlic Bread	<b>** NO LUNCH **</b> <b>** NO LUNCH **</b> <b>** NO LUNCH **</b> <b>** NO LUNCH **</b>	<u>Assorted Empanadas</u> w/ French Fries <u>Spaghetti Marinara</u> w/ Garlic Bread	<u>General Tso's Chicken</u> w/ White Rice <u>Creamy Shell Pasta</u> w/ Garlic Bread	
MONDAY, NOVEMBER 13	TUESDAY, NOVEMBER 14	WEDNESDAY, NOVEMBER 15	THURSDAY, NOVEMBER 16	FRIDAY, NOVEMBER 17
<u>Popcorn Chicken</u> w/ French Fries <u>Macaroni &amp; Cheese</u> w/ Garlic Bread	<u>Assorted Paninis</u> w/ French Fries <u>Rigatoni Bolognese</u> w/ Garlic Bread	<u>Chicken Parmigiana</u> Plate OR Hero w/ Pasta OR Fries <u>Penne Marinara</u> w/ Garlic Bread	<u>Sweet &amp; Sour Chicken</u> w/ Fried Rice <u>Rigatoni alla Vodka</u> w/ Garlic Bread	<u>Cheeseburger Sliders</u> w/ French Fries <u>Baked Ziti</u> w/ Garlic Bread
MONDAY, NOVEMBER 20	TUESDAY, NOVEMBER 21	WEDNESDAY, NOVEMBER 22	THURSDAY, NOVEMBER 23	FRIDAY, NOVEMBER 24
<u>"KFC" Bowls</u> w/ Popcorn Chicken, Mashed Potatoes, Corn, Cheese & Gravy <u>Penne Alfredo</u> w/ Garlic Bread	<u>Chicken Quesadilla</u> w/ French Fries <u>Macaroni &amp; Cheese</u> w/ Garlic Bread	<b>** NO LUNCH **</b> <b>** NO LUNCH **</b> <b>** NO LUNCH **</b> <b>** NO LUNCH **</b>		<b>** NO LUNCH **</b> <b>** NO LUNCH **</b> <b>** NO LUNCH **</b> <b>** NO LUNCH **</b>
MONDAY, NOVEMBER 27	TUESDAY, NOVEMBER 28	WEDNESDAY, NOVEMBER 29	THURSDAY, NOVEMBER 30	
<u>Assorted Boneless Wings</u> w/ French Fries <u>Penne alla Vodka</u> w/ Garlic Bread	<u>Taco Tuesday</u> Beef OR Chicken w/ Yellow Rice <u>Tortellini Alfredo</u> w/ Garlic Bread	<u>Meatball Parmigiana Hero</u> w/ French Fries <u>Spaghetti &amp; Meatballs</u> w/ Garlic Bread	<u>Chicken Bacon Ranch Snack Wraps</u> w/ French Fries <u>Rigatoni in Pink Sauce</u> w/ Garlic Bread	