



# PRESTON HIGH SCHOOL

## 2024 OCTOBER LUNCH MENU

### BREAKFAST



Breakfast Sandwiches, Bagels, Rolls, Croissants, Fruit, Yogurt, French Toast, Breakfast Platters, Cereal, Muffins, Donuts & Daily Specials



### LUNCH

Pizza, Salad & Sandwich Bar, Chicken Tenders, Fries, Mozzarella Sticks, Hamburgers, Cheeseburgers, Bacon Cheeseburgers, Chicken Sandwich, Jamaican Beef Patties, Chicken Cutlet, Grilled Chicken, Vegetables, Cookies, Brownies, Fruit, Yogurt Parfaits, Snacks, Ice Cream - Assorted Wraps, Sandwiches, Salads & Daily Specials!



**\*\*We Accept All Debit/Credit Cards, Apple Pay, MyKidsSpending.com (ID Card) and Cash\*\***

If Your Child Has a Food Allergy or You Have Feedback Please Contact  
KBastian@lessings.com



	TUESDAY, OCTOBER 1	WEDNESDAY, OCTOBER 2	THURSDAY, OCTOBER 3	FRIDAY, OCTOBER 4
	<b>General Tso's Chicken</b> w/ White Rice <b>Fettuccine Alfredo</b> w/ Chicken Cutlet & Garlic Bread	<b>Assorted Paninis</b> w/ French Fries <b>Rigatoni Bolognese</b> w/ Garlic Bread	<b>"DIY" Burger Bar</b> w/ French Fries <b>Penne alla Vodka</b> w/ Chicken Cutlet & Garlic Bread	<b>Assorted Empanadas</b> w/ French Fries <b>Macaroni &amp; Cheese</b> w/ Chicken Cutlet & Garlic Bread <b>1:30 EARLY DISMISSAL / EXT. HR</b>
MONDAY, OCTOBER 7	TUESDAY, OCTOBER 8	WEDNESDAY, OCTOBER 9	THURSDAY, OCTOBER 10	FRIDAY, OCTOBER 11
<b>Popcorn Chicken</b> w/ French Fries <b>Tortellini Alfredo</b> w/ Chicken Cutlet & Garlic Bread	<b>"KFC" Bowls</b> w/ Popcorn Chicken, Mashed Potatoes, Corn, Bacon, Cheese & Gravy <b>Creamy Shell Pasta</b> w/ Chicken Cutlet & Garlic Bread	<b>Meatball Parmigiana</b> Plate OR Hero w/ French Fries <b>Spaghetti &amp; Meatballs</b> w/ Garlic Bread	<b>Assorted Snack Wraps</b> w/ French Fries <b>Baked Ziti</b> w/ Chicken Cutlet & Garlic Bread	<b>"DIY" Chipotle Bar</b> Beef OR Chicken <b>Rigatoni in Pink Sauce</b> w/ Chicken Cutlet & Garlic Bread
MONDAY, OCTOBER 14	TUESDAY, OCTOBER 15	WEDNESDAY, OCTOBER 16	THURSDAY, OCTOBER 17	FRIDAY, OCTOBER 18
 <b>HAPPY COLUMBUS DAY</b>	<b>Taco Tuesday</b> Beef OR Chicken w/ Yellow Rice <b>Macaroni &amp; Cheese</b> w/ Chicken Cutlet & Garlic Bread	<b>Assorted Chicken Wings</b> w/ French Fries <b>Penne alla Vodka</b> w/ Chicken Cutlet & Garlic Bread	<b>Chicken Cutlet</b> w/ Yellow Rice & Corn <b>Fusilli Pasta with Cream Sauce</b> w/ Chicken Cutlet & Garlic Bread <b>COMMUNAL PRAYER SERVICE</b>	<b>Chicken Quesadilla</b> w/ French Fries <b>Rigatoni Bolognese</b> w/ Garlic Bread <b>NO SENIORS</b>
MONDAY, OCTOBER 21	TUESDAY, OCTOBER 22	WEDNESDAY, OCTOBER 23	THURSDAY, OCTOBER 24	FRIDAY, OCTOBER 25
<b>Assorted Boneless Wings</b> w/ French Fries <b>Macaroni &amp; Cheese</b> w/ Chicken Cutlet & Garlic Bread	<b>Sesame Chicken</b> w/ Fried Rice & Spring Roll <b>Penne Alfredo</b> w/ Chicken Cutlet & Garlic Bread <b>EXTENDED HOMEROOM</b>	<b>**NO SERVICE**</b> <b>**PSAT TESTING**</b> <b>**NO SERVICE**</b> <b>**PSAT TESTING**</b> <b>**NO SERVICE**</b>	<b>Pernil</b> w/ Arroz con Gandules <b>Penne alla Vodka</b> w/ Chicken Cutlet & Garlic Bread	<b>Beef &amp; Broccoli</b> w/ White Rice <b>Vegetable Lo Mein</b> w/ Spring Roll
MONDAY, OCTOBER 28	TUESDAY, OCTOBER 29	WEDNESDAY, OCTOBER 30	THURSDAY, OCTOBER 31	
<b>Sweet &amp; Sour Chicken</b> w/ White Rice <b>Rigatoni in Pink Sauce</b> w/ Chicken Cutlet & Garlic Bread <b>OPEN HOUSE</b>	<b>Sesame Chicken</b> w/ Fried Rice <b>Baked Ziti</b> w/ Chicken Cutlet & Garlic Bread	<b>Chicken Parmigiana</b> Plate OR Hero w/ French Fries <b>Spaghetti Marinara</b> w/ Chicken Cutlet & Garlic Bread	<b>Cheeseburger Sliders</b> w/ French Fries <b>Macaroni &amp; Cheese</b> w/ Chicken Cutlet & Garlic Bread <b>ASSEMBLY SCHEDULE</b>	